



SECTION ONE

PREPARATION AND INTENTION

This section aims to equip you with a strong foundation for when you commence your Qur'an memorisation journey. Many people are often puzzled and unsure of how to start memorising the Qur'an. Many questions go through one's mind: How? Why? Where? When?

Well, the key to ensuring a successful journey is by preparing in the best way possible. You must undertake as much research as possible, prior to starting the memorisation journey. Naturally, you will have doubts and negative thoughts. But try to think positively and remind yourself as to why you are undertaking this beautiful journey, it is ultimately to please The Almighty.

Preparing also involves adjusting your daily routine, spending more time with the Qur'an and maybe even trying to memorise some sections of the Qur'an prior to commencing your hifdh journey. Such practices will definitely prepare you more and provide you with even more confidence. Supplicating to Allah daily is also a form of preparation. Ask Him to help you prepare as much as possible.

Your intention is the most important part of the Qur'an memorisation journey. It needs to be pure, sincere and true. Intend to change yourself for the better and build an intellectual understanding of the journey, as this journey could potentially change your entire life forever. Be firm in your intention and keep it as pure as possible. Good deeds with sincere intentions are most likely to be rewarded by Allah even more.



WEEK ONE

TIP 1:

“Always practice with a pure heart and sincere intention that you are undertaking the hifdh journey for the sake of Allah alone. There is no other objective or reward sought apart from Allah’s ultimate reward.”

TIP 2:

“Do not start your hifdh journey just because your parents or friends have done so. You are your own person. Do it because YOU wish to do so!”

TIP 3:

“Being mentally focused is essential. Clear your mind of any doubts and negative thoughts. Having a clean mind will help you to engage in a productive hifdh journey.”

TIP 4:

“Seeking advice from reliable family members and friends before undertaking the hifdh journey is very helpful. Ask them to highlight your strengths and weaknesses.”

TIP 5:

“A good way to prepare for your hifdh journey is to extensively read and research the history and facts of the Qur’an. Get to know this book more and develop your knowledge further.”

TIP 6:

“An effective preparation technique is to maintain a consistent daily recitation of the Qur’an. This will increase your familiarity with the words of the Qur’an.”

TIP 7:

“You are never too young or too old to start preparing for your hifdh journey. Allah blesses each person differently with regards their memory. Age is nothing but a number!”